



and in the face of difficult situations. This concept is called Resilience.

Bad things can happen to anyone, learn from them
Every time you feel down ask yourself: "what can I do about it?"

Stop and think before you act
Talk, draw and write... Just express yourself
Remember to joke when you're embarrassed, people will laugh with you
Observe stressful situations and think "it's only a moment"
No matter what happens you can ask for help
Good things happened in your life, always remember them

BE STRONG!



AT THE ST GEORGES UNIVERSITY MEDICAL CENTER FOR V
THE HAMDAN BIN RASHID AL MAKTOUM AWARD
FOR BEST MEDICAL CENTER IN THE ARAB WOF



IDRAAC News and Events 2011

**Institute for Development Research
Advocacy and Applied Care IDRAAC**



Awards



1- The Hamdan Bin Rashid Al Maktoum Award

IDRAAC, in collaboration with the Department of Psychiatry and Clinical Psychology, has the pleasure to announce its latest achievement. The Department of Psychiatry and Clinical Psychology received the Hamdan Bin Rashid Al Maktoum Award for Best Medical Center in the Arab World. This award is granted to prominent individuals, establishments, research centers and universities around the world to honor their outstanding achievements in the field of medicine and to encourage the development of institutions dedicated to research in the Arab world. A press conference was held on February 18, 2011 at Le Gabriel Hotel to announce this prestigious award. Past recipients of this award include Professor Robert Edward, winner of the 2001 Hamdan International Award, who received the 2010 Nobel Prize in Medicine for the development of in vitro fertilization.

2- Honorary Award for Prof. Elie Karam

Professor Elie Karam was presented with an honorary award from the Lebanese Order of Physicians in recognition of his scientific services and achievements during the “Burning Issues in Psychiatry” Congress. Dr. Charaf Abou Charaf, president of the Lebanese Order of Physicians presented the award to Prof. Elie Karam and his team at the Department of Psychiatry and Clinical Psychology at Saint George Hospital and the Faculty of Medicine at the University of Balamand, during the The “Burning Issues in Psychiatry” Congress which was held in Beirut from October 27 to 28, 2011 at Phoenicia Hotel Beirut, Lebanon.

Professional Activities

1- The “Burning Issues in Psychiatry” Congress

Upon the invitation of IDRAAC, Professor Hagop Akiskal, the director of the International Mood Center, San Diego, USA and the Chief Editor of the Journal of Affective Disorders, participated in the Burning Issues in Psychiatry Congress which was held in Beirut on October 27- 28, 2011 at Phoenicia Hotel Beirut, Lebanon.



The President of the Republic of Lebanon, General Michel Sleiman, awarded Profes-

sor Akiskal, who is of Lebanese origin and one of the leading psychiatrists worldwide, the Medal of Health Merit of the first (golden) degree. Health Minister Ali Hassan Khalil awarded Akiskal the medal during the opening ceremony of the congress. Also, Dr. Charaf Abou Charaf, president of the Lebanese Order of Physicians, presented an honorary award from the Lebanese Order of Physicians to Professor Elie Karam in recognition of his scientific services and achievements.

During this congress, world experts, including Lebanese figures of international fame, addressed the issue of bipolar disorders and temperament experts including Professor Hagop Akiskal, Dr. Elie Hantouche, Director of CTAH (Anxiety and Mood Center- France) and a top expert in bipolar disorders and OCD and Dr. Elie Karam, founder of IDRAAC and chairman of the department of Psychiatry and Clinical Psychology at St. Georges Hospital University Medical Center / Balamand University. Members of IDRAAC’s board: Dr. Aimee Karam, Dr. Georges Karam, and Dr. John Fayyad, also participated in the congress.

Other prominent figures present were Professor William Coryell, director of Inpatient Services in the Department of Psychiatry at the University of Iowa Carver College of Medicine; Dr. Eric Youngstrom, professor of Psychology and Psychiatry at the University of North Carolina at Chapel Hill and acting director of the Center for Excellence in Research and Treatment of Bipolar Disorder; Dr. Giulio Perugi, professor of clinical psychology and psychopharmacology at the University of Pisa (Italy) and director of the Institute of Behavioural Sciences “G De Lisio”; Prof. Andreas Erfurth, head of Clinical Psychopharmacology and the Bipolar Spectrum Disorders Program, Division of General Psychiatry, Medical University of Vienna (Austria); and Prof. Zoltan Rihmer.

2- Conferences/Seminars:

- a. Psychiatry in primary care collaborative models, Clemenceau Medical Center, February 2011
- b. Preserving the autonomy of Alzheimer's patients, Alzheimer Association Lebanon, March 2011
- c. Temperament: A Risk for Mood Disorders, the Cross Hospital Congress, Beirut, April 2011.
- d. Childhood Adversities and Temperament in Adults: an Epidemiologic Study, IRBD 2011 Congress, Rome, Italy, April 2011
- e. Mental Wellbeing in the Elderly, YWCA conference, Beirut, May 2011
- f. Mental health status of the elderly in Lebanon, American University of Beirut, June 2011
- g. Bipolar screening in the CIDI: Data from L.E.B.A.N.O.N Study, Annual WMH Collaborator Meeting at Providence, Rhode Island, USA, June 2011
- h. Attention Deficit and Disruptive Behavior Disorders: Proposals for ICD-11 Revision, Classification of Mental and Behavioral Disorders in Arab Countries, Beirut, June 2011
- i. Task Shifting and Dissemination of an Evidence Based Intervention for Childhood Behavioral Problems in a Developing Country, 14th International Congress of ESCAP, Helsinki, Finland June 2011
- j. Mental Health Consequences of Child Abuse, Hotel-Dieu de France 3rd Seminar on Child Abuse, June 2011
- k. Dementia Pathways: Health and Social Structure in Lebanon, World Health Organization (WHO), Geneva, September 2011
- l. Psychiatric Specialties: A research picture from the Arab world, World Psychiatry Association Congress, Buenos Aires, Argentina, September 2011
- m. Temperament: A Risk Factor for Mood and Anxiety Disorders, World Psychiatry Association Congress, Buenos Aires, Argentina, September 2011
- n. Mental Health Research in Lebanon: Towards a Policy World Psychiatry Association Congress, Buenos Aires, Argentina, September 2011
- o. Children Exposed to War and other Disasters: Outcomes, Interventions and Resilience, World Psychiatry Association Congress, Buenos Aires, Argentina, September 2011
- p. Evidence based psychosocial interventions in developing countries: the role of non-mental health workers, World Psychiatry Association Congress, Buenos Aires, Argentina, September 2011
- q. Late life bipolar disorder, Burning Issues in Psychiatry, Beirut, October 2011
- r. The Boundaries for Pediatric Bipolar disorder, Burning Issues in Psychiatry, Beirut, October 2011
- s. Efficacy of CBT in the treatment of Bipolar Disorders: A review, Burning Issues in Psychiatry, Beirut, October 2011
- t. Psychosomatic disorders in geriatrics, Lebanese Psychiatric Society, Beirut, October 2011
- u. Mental health disorders in the Lebanese population, Lebanese Epidemiologic Association, Beirut, November 2011
- v. Review of dementia in the Arab world, Lebanese Epidemiologic Association, Beirut, November 2011
- w. The Epidemiology of ADHD in the Arab World, 1st Saudi ADHD Conference: A Comprehensive Approach, Saudi Arabia, December 2011



Fundraising

The Social Experiment: IDRAAC's 3rd Annual Fundraising at Sky Bar

IDRAAC held its 3rd annual fundraising event titled “The Social Experiment” on July 18, 2011 at Sky Bar, Beirut. The event was a great success and combined social media and entertainment for the first time in Lebanon. A huge 7 meters by 6 meters screen was floating in the air above Sky Bar, Beirut and a live Facebook feed of IDRAAC’s Facebook wall, was projected through a special software that was written specifically for the event. Attendees were encouraged to “socialize” by posting on IDRAAC’s Facebook wall, [facebook.com/IDRAAC](https://www.facebook.com/IDRAAC). They were allowed to post comments, pictures, make donations and request songs from the live band. Close to 700 guests at Sky Bar along with people from all over the world (USA, Nigeria, Kuwait, Iraq, England, UAE...) took part of the “social experiment”. This innovative idea turned the event into a unique and fun gathering. Throughout the night, people were encouraged to make donations and for every donation, a raffle ticket was handed out. A draw occurred on 27 very valuable prizes. The top 3 prizes were: a St Martin power boat, an all inclusive trip for 2 to the Dead Sea and Noor Fares jewelry. All donations will be used to fund activities targeted at decreasing the stigma about mental health disorders in Lebanon.

Community Service

1- Psychological Support to the victims of the Fassouh Building, collapse in Ashrafieh

As part of its community outreach activities, IDRAAC was the first NGO in Lebanon whose members volunteered to provide psychological counseling and support to the victims of the Fassouh building, collapse in Achrafieh.

Weekly meetings are still taking place with the families in order to provide them with the needed psychological and psychiatric support.

2- Free psychiatric services

IDRAAC members offer free state of the art treatment and follow up to needy patients in the community. Every week patients are treated at IDRAAC's sister organization (MIND clinics) offices.



Public Education and Awareness

1- Nahar Boxes

IDRAAC started a partnership with Al Nahar newspaper in January 2011. Every Thursday, IDRAAC publishes mental health and mental wellbeing information in Nahar Al Chabab. Topics addressed are relevant to our research and public education mission. The aim of this initiative is to communicate relevant information on mental health to a larger segment of the Lebanese population and mainly the youth.

2- Media Appearances:

IDRAAC members have been featured in many newspapers and magazines articles such as:

- A special Report from Al Akhbar newspaper on mental health in Lebanon
- A report in Al Safir Newspaper about the effect of war on mental health of the Lebanese
- A report in Al Safir Newspaper about bipolar disorders
- A special interview with Dr. Elie Karam in Al Balad's Tabeeb Al Balad
- A special interview with Dr. Georges Karam in Al Balad's Tabeeb Al Balad
- A special report by the Lancet about Mental Health in Lebanon
- An interview with Dr. Aimee Karam in Fit'n Style Magazine concerning the subject: "Women who fear commitment and the runaway bride syndrome".



TV appearances include:

12 January 2011: Dr. George Karam appeared on “Men el Ekhir” on MTV Lebanon to discuss the use of antidepressants in Lebanon.

14 January 2011: Dr. John Fayyad appeared on Moshkela wa Raey (Problem and Opinion) on Al-Manar TV Lebanon to discuss the issue of sibling rivalry among children and adolescents.

April, 2011: Dr. John Fayyad appeared on Al Aan TV where he discussed violent behavior in children.

27 June 2011: Dr. George Karam appeared on Manar TV to discuss mental health in the elderly.

20 August 2011: Dr. George Karam appeared on Future TV where he discussed geriatric mental health.

10 September 2011: Dr. John Fayyad appeared on Future TV during “Aynak wa Sohtak” to discuss technology and food addiction.

19 October 2011: Dr. George Karam appeared on Sumariya TV where he discussed mental health in the elderly.

October 2011: Dr. John Fayyad appeared on Sumariya TV during “Sohtak Bil Dounia” program where he discussed autism and hyperactivity among children.

October 2011: Dr. Elie Karam appeared in several interviews with Future TV, LBC and OTV to discuss the issues of temperament and bipolarity.



Department of the
es et des Sciences Hu-
ité Saint-Joseph -
e screening of



PSYNÉ CL



3- Agenda Tamyras 2011

The members of IDRAAC partnered with Tamyras, a publishing company who issues a yearly agenda.

For 2011, the theme of the agenda was “365 Jours pour vivre zen au Liban” and it included daily advice from IDRAAC’s professionals on how to face stressful situations in Lebanon.

Mr. Jones

A film directed by Mike Figgis (1993)

Synopsis

The story about the relationship between a manic depressive man, Mr Jones, and the female doctor who takes more than a professional interest in his treatment.

Language: English with French subtitles
Time: 109min

Tuesday, October 25th, at 7pm

Followed by a discussion with

Dr. Aimée Karam,
psychotherapist

Free entrance

Théâtre Béryte

IESAV – Campus Des Sciences
Humaines, Université Saint-Joseph,
Damas street, Beirut.

Facebook group : psyné club
Email: cine.club.psycho@gmail.com
Tel.: 03 985061

4- Screening of Mr. Jones

On the occasion of the Burning Issues in Psychiatry Congress, IDRAAC participated in the screening of Mr. Jones, the story of a bipolar man starring Richard Gere at Beryte Theater on Tuesday, October 25 at 7:00 pm. A discussion with Dr. Aimee Karam and Dr. Elie Karam (members of IDRAAC) followed the screening.

Research Activities

The School Program for Building Resilience and Coping

IDRAAC implemented a project funded by the European Union entitled “School Program for Building Resilience and Coping”. 1353 students have benefited from the program whose aim was to teach them skills to help, face stressful situations and the pressures of daily life. The sessions were included within the curricula of 17 schools, both public and private, under the supervision of 44 teachers who were trained for that purpose.

“BE STRONG” was adopted as the slogan for this program which is not about physical strength but reflects an inner attitude: being strong to adapt and cope with different types of stress and in the face of difficult situations.

IDRAAC held a press conference on November 16, 2011 in Batlouni Hall at the Faculty of Health

Sciences-University of Balamand, Ashrafieh, which explained the preliminary results of the program. The conference was attended by the head of the Infrastructure & Local Development Section at the Delegation of the European Union to Lebanon Mr. Maciej Adam Madalinski, the Head of the Higher Council for Childhood, Dr. Elie Mikhael, the representative of the Director General of the Ministry of Education, Dr. Fadi Yarak, and the General Coordinator for Educational Guidance, Ms. Mona Tawil. A presentation about the program was done by Dr. John Fayyad and Mrs. Caroline Cordahi-Tabet.

A ceremony for participating schools was also done to distribute the certificates to the participants in this project and 2 Dissemination conferences were done in Saida and Beirut to share information about the project with schools and NGOs in Lebanon.



Also, Ongoing and Future Projects and Research Papers

Temperament: Test retest clinical study

Conducting a clinical study to assess stability of temperament among mental health patients using TEMPS-A scale.

Temperament and Suicide

Studying temperament and mental disorders as predisposing factors for suicide ideation, plan and attempt in Lebanon.

Depression Anxiety Dementia Assessment (DADA)

Conducting a clinical study among hospitalized elderly patients to assess the prevalence and correlates of depression, anxiety and dementia in Lebanon.

Dementia

A review about dementia in the Arab world.

Mental health of the elderly population in Lebanon

Investigating the prevalence of disorders among elderly age groups, social status, as well as the long-term effect of war on elderly.

Childhood adversities and traumatic events

Assessing the prevalence of childhood adversities and childhood traumatic events in the Lebanese population, and studying their effect on the long-term mental health.

Assessment Study of Psychosocial Status of Children and Adolescents in the South of Lebanon and Southern Suburbs of Beirut After the July 06 War (SSSS)

Writing up the main findings of the study

Conducting reviews about three childhood adversities and traumatic events

- Prevalence of war-related experiences among Arab children and adolescents
- Outcome of war traumata in the Arab world in comparison to the world
- Prevalence and outcome of childhood adversities in the Arab world (non-war)

Building resilience among Lebanese children exposed to armed conflict

The overall objective of this project is to contribute to the mental wellbeing of school children who were exposed to war in Lebanon and to enhance the capacities of teachers and parents to provide better psychological support to war-exposed children. The specific objectives were to find out and assess the long term consequences of war on children and adolescents in Lebanon, to build capacities among school personnel and teachers so they become resources for

training on coping and resilience building among students, to enhance coping and resilience among school children in response to daily stressors, wars and disasters and to build awareness on salient mental health and psychosocial issues among parents of school children and adolescents exposed to war.

Bipolar disorder screener assessed in the Composite International Diagnostic Interview (CIDI)

Exploring the potential under-diagnosis of bipolar disorder in the World Mental Health Survey, that uses the CIDI as an instrument, in Lebanon and internationally.

Editing the Structured Clinical Interview for DSM IV (SCID) instrument

Editing the hypomania and mania sections in the SCID to better detect hypomanic/ manic cases. A study to be conducted in Saudi Arabia using this revised version of SCID.

Burden of mental disorders

Studying the effect and burden of mental disorders such as bipolar disorders, posttraumatic stress disorder, major depression, panic disorder, social phobia, schizophrenia, substance abuse, irritability, cyclothymia, and ADHD on several outcomes such as education, profession, relation to children and spouse, social network, work productivity.

Psychotropic use (antidepressants and anxiolytics) in Lebanon

Rate of use of psychotropic medication in Lebanon and the difference among the different age groups, gender, and types of disorders.

Treatment of disorders in Lebanon

Type of treatment, treatment consultant, pharmacologic medications, utilization of services, and adequacy of prescription, etc. in Lebanon.

Adaptation of the Diagnostic Interview for Genetic Studies (DIGS) to a Qatari Population

Development of the Arabic DIGS by a team of experienced clinicians and experts in translations between Arabic and English.

Whole genome Assays of Qatari Patients with Bipolar Affective Disorder

A case control study was conducted using DIGS among bipolar patients and matched controls on age and gender along with blood withdrawal to further study their genetic structure. Two samples are used, one from Lebanon and another from Qatar. This study is done in collaboration with Weill Cornell University, NYC and Weill Cornell Medical College, Qatar.

Temperament, Mental Disorders and War

Studying temperament as the interface between exposure to war and the development of mental disorders in Lebanon.

Mental Health Research in the Arab World

Evaluating the status of research on mental health in the Arab world, and updating the IDRAAC search engine for mental health studies in the Arab world.

Nicotine

Exploring tobacco use and reasons for discontinuation of smoking.

Disorders according to Diagnostic and Statistical Manual of Mental Disorders (DSM) V Contribute to the planning and research agenda of DSM V instrument.

Anxious Temperament and Generalized Anxiety Disorder

Studying the association between anxious temperament and mental disorders (Any Disorder/ Any Anxiety Disorder/ Any Mood Disorder) after controlling for Generalized Anxiety Disorders according to Diagnostic and Statistical Manual of Mental Disorders (DSM) III-R and DSM IV definition using data from the LEBANON study.

Burden of Post Traumatic Stress Disorder (PTSD) in Lebanon

Investigating the burden of traumatic events in the Lebanese population in terms of PTSD and its duration.

An overview of Mental Disorders

As part of the Public Health in the Arab World book, IDRAAC wrote a chapter on mental disorders based on evidenced based reviews and to be published by Cambridge University Press.

2011 Publications

Peer Reviewed Articles 2011:

1- Saab R, Moussaoui D, Cordahi C, Salamoun M, Mneimneh Z, **Karam EG** (2011). Epidemiologic Studies on Schizophrenia and Related Disorders in the Arab World. Arab Journal of Psychiatry, 22(1):1-9.

2- Bromet E, Andrade LH, Hwang I, Sampson NA, Alonso J, de Girolamo G, de Graaf R, Demeyttenaere K, Hu C, Iwata N, **Karam AN**, Kaur J, Kostyuchenko S, Lepine J-P, Levinson D, Matschinger H, Medina Mora ME, Oakley Browne M, Posada-Villa J, Viana MC, Williams DR and Kessler RC. (2011). Cross-national epidemiology of DSM-IV major depressive episode. BMC Medicine 9(1): 90.

3- Kessler RC, Ormel J, Petukhova M, McLaughlin KA, Greif Green J, Russo LJ, Stein DJ, Zaslavsky AM, Aguilar-Gaxiola S, Alonso J, Andrade LH, Benjet C, de Girolamo G, de Graaf R,

Demyttenaere K, **Fayyad J**, Haro JM, Hu CY, Karam AN, Lee S, Lepine JP, Matschinger H, Mihaescu-Pintia C, Posada-Villa J, Sagar R, Üstün TB. (2011). Development of lifetime comorbidity in the WHO World Mental Health (WMH) Surveys. *Archives of general Psychiatry* 68(1): 90-100.

4- Merikangas KR, Jin R, He J-P, Kessler RC, Lee S, Sampson NA, Viana MC, Andrade LH, Hu C-Y, **Karam EG**, Ladea M, Medina Mora ME, Oakley Browne M, Ono Y, Posada-Villa J, Sagar R, Zarkov Z (2011). Prevalence and Correlates of Bipolar Spectrum Disorder in the World Mental Health Survey Initiative. *Archives of General Psychiatry*, 68(3): 241-251.

5- Alonso J, Vilagut G, Chatterji S, Heeringa S, Schoenbaum M, Üstün TB, Rojas-Farreras S, Angermeyer M, Bromet E, Bruffaerts R, de Girolamo G, Gureje O, Haro JM, **Karam AN**, Kovess V, Levinson D, Liu Z, Medina-Mora ME, Ormel J, Posada-Villa J, Uda H, Kessler RC (2011). Including information about co-morbidity in estimates of disease burden: results from the World Health Organization World Mental Health Surveys. *Psychological Medicine*, 41(4): 873-86.

6- Miller E, Breslau J, Petukhova M, Fayyad J, Viana MC, Andrade LH, de Girolamo G, Demyttenaere K, Haro JM, Hu C, **Karam EG**, Kola L, Kovess-Masfety V, Sagar R, Tomov T, Kessler RC (2011). Premarital Mental Disorders and Physical Violence in Marriage: A Cross-National Study of Married Couples. *British Journal of Psychiatry*, 199(4):330 - 337.

7- **Karam EG**, Bromet E, Ruscio AM, Stein DJ, Lee S, Shalev AY, Kessler RC. (2011). Reply to: Removing the A2 criteria will not rescue Posttraumatic Stress Disorder. *Biological Psychiatry*, 70(5), e23. doi:10.1016/j.biopsych.2010.12.007.

8- Breslau J, Miller E, Jin R, Sampson NA, Alonso J, Andrade LH, Bromet EJ, de Girolamo G, Demyttenaere K, **Fayyad J**, Fukao A, Gáláon M, Gureje O, He Y, Hinkov HR, Hu C, Kovess-Masfety V, Matschinger H, Medina-Mora ME, Ormel J, Posada-Villa J, Sagar R, Scott KM, Kessler RC. (2011). A multinational study of mental disorders, marriage, and divorce. *Acta Psychiatrica Scandinavica*, 124(6):474-486.

9- Bruffaerts R, Demyttenaere K, Hwang I, Chiu W-T, Sampson N, Kessler RC, Alonso J, Borges G, de Girolamo G, de Graaf R, Florescu S, Gureje O, Hu C-Y, **Karam EG**, Kawakami N, Kostyuchenko S, Kovess-Masfety V, Lee S, Levinson D, Matschinger H, Posada-Villa J, Sagar R, Scott KM, Stein DJ, Tomov T, Viana MC, Nock MK. (2011). Treatment of Suicidal Persons around the World. *British Journal of Psychiatry*, 199(1): 64-70.

10- Wells JE, Haro JM, **Karam E**, Lee S, Lepine JP, Medina-Mora ME, Nakane H, Posada J, Anthony JC, Cheng H, Degenhardt L, Angermeyer M, Bruffaerts R, de Girolamo G, de Graaf R, Glantz M, Gureje O. (2011). Cross-national comparisons of sex differences in opportunities to use alcohol or drugs, and the transitions to use. *Substance Use & Misuse*, 46(9): 1169-78.

11- Gureje O, Oladeji B, Hwang I, Chiu W-T, Kessler RC, Sampson N, Alonso J, Andrade LH, Beautrais A, Borges G, Bromet E, Bruffaerts R, de Girolamo G, de Graaf R, Gal G, He Y-L, Hu C-Y, Iwata N, **Karam EG**, Kovess-Masfety V, Matschinger H, Moldovan MV, Posada-Villa J, Sagar R, Scocco P, Seedat S, Tomov T, Nock MK (2011). Parental Psychopathology and the Risk of Suicidal Behavior in their Offspring: Results from the World Mental Health Surveys. *Molecular Psychiatry*, 16(12), 1221-1233.

12- Alonso J, Petukhova M, Vilagut G, Chatterji S, Heeringa S, Üstün TB, Alhamzawi AO, Andrade LH, Angermeyer M, Bromet E, Bruffaerts R, de Girolamo G, Florescu S, Gureje O, Haro JM, Hinkov H, Hu C-Y, **Karam EG**, Kovess V, Levinson D, Medina Mora ME, Nakamura Y, Ormel J, Posada-Villa, J., Sagar R, Scott KM, Tsang A, Williams DR, Kessler RC. (2011). Days out of role due to common physical and mental conditions: Results from the WHO World Mental Health Surveys. *Molecular Psychiatry*, 16(12), 1234-1246.

Book Chapters / Reports

1- Karam EG, Mneimneh ZN, Karam AN, Fayyad JA, Tabet CC, Salamoun MM. (2011): Mental Health Lessons Learned from the Lebanon War Studies (1989 to 2007). In Richard Mollica (Ed). *Global Mental Health: Trauma and Recovery*. Harvard Program in Refugee Trauma press. pp:219-242.

2- Aimee Karam (2011): Cognitive Therapy in National Conflict Resolution : An opportunity. The Lebanese Experience. Aquilar – Gallucio (Eds). In *Psychological and Political Strategies for Peace Negotiation*. Springer ; p: 197 – 211.

3- Wang PS, Aguilar-Gaxiola S, AlHamzawi AO, Alonso J, Andrade LH, Angermeyer M, Borges G, Bromet EJ, Bruffaerts R, Bunting B, Caldas de Almeida JM, Florescu S, de Girolamo G, de Graaf R, Gureje O, Haro JM, Hinkov HR, Hum CY, Karam EG, Kovess V, Lee S, Levinson D, Ono Y, Petukhova M, Posada-Villa J, Sagar R, Seedat S, Wells JE, Kessler RC. (2011). Treated and untreated prevalence of mental disorder worldwide. In Thornicroft G, Szmukler G, Mueser K & Drake B (Eds.), *Oxford Textbook of Community Mental Health* (pp.50-66). Oxford University Press.

A complete list of research activities and publications can be found at idraac.org

As a reminder, IDRAAC's clinical members offer their time for free to conduct all of the above activities.

For IDRAAC's previous newsletters, visit our website at www.idraac.org

IDRAAC solely relies on grants, donations and fundraising activities.

If you would like to support us, please do not hesitate to contact us.

- Cash
- Check: Please make your check is payable to IDRAAC
- Bank Transfer to IDRAAC's account number: 013 004 360 014162 02 3

(IBAN: LB71 0019 0001 3004 3600 1416 2023 - Société Générale de Banque Au Liban - Lebanon Beirut - Sassine - SGLILBBX - I.D.R.A.A.C)

Institute for Development, Research, Advocacy and Applied Care (IDRAAC)

P.O.Box: 166227 Beirut-Achrafieh 1100-2110 Lebanon

Tel: + 961 1 583 583

Fax: + 961 1 587 190

Email: idraac@idraac.org



www.facebook.com/IDRAAC



www.twitter.com/IDRAAC



www.youtube.com/IDRAAC

Learn more about IDRAAC, by visiting: idraac.org